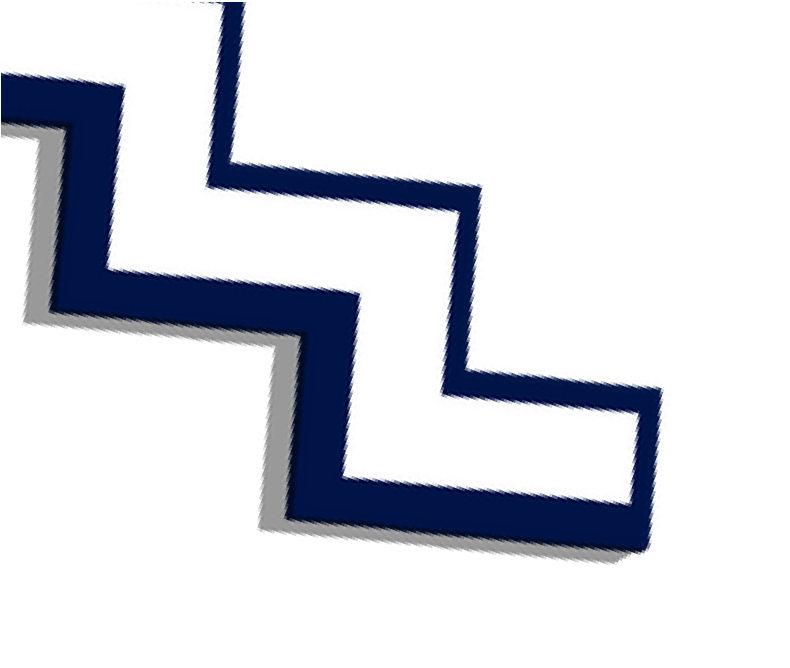


L.A.C

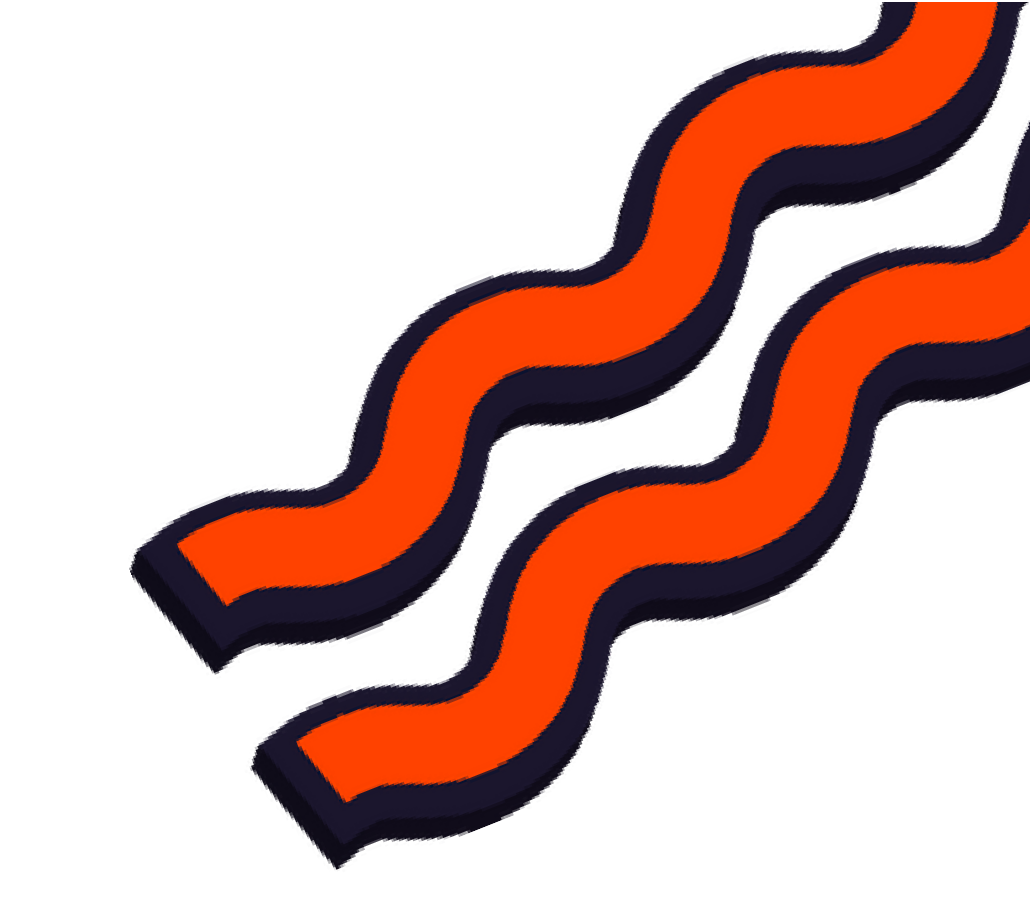






For 21 days of Prayer and Fasting, as you decide to put God first in your life, we want you and your children to be able to practice the same principles. Spend time as a family having conversations on these topics, praying, and worshiping as a family. Proverbs 22:6 says, “Direct your children onto the right path, and when they are older, they will not leave it.” Our prayer is that as you are seeking God and starting this year out SHARP, this resource will also help you raise your child in the way they should go. Follow the YouVersion Bible plan during these 21 days as a guide and then use this journal to cultivate an atmosphere of worship and prayer.



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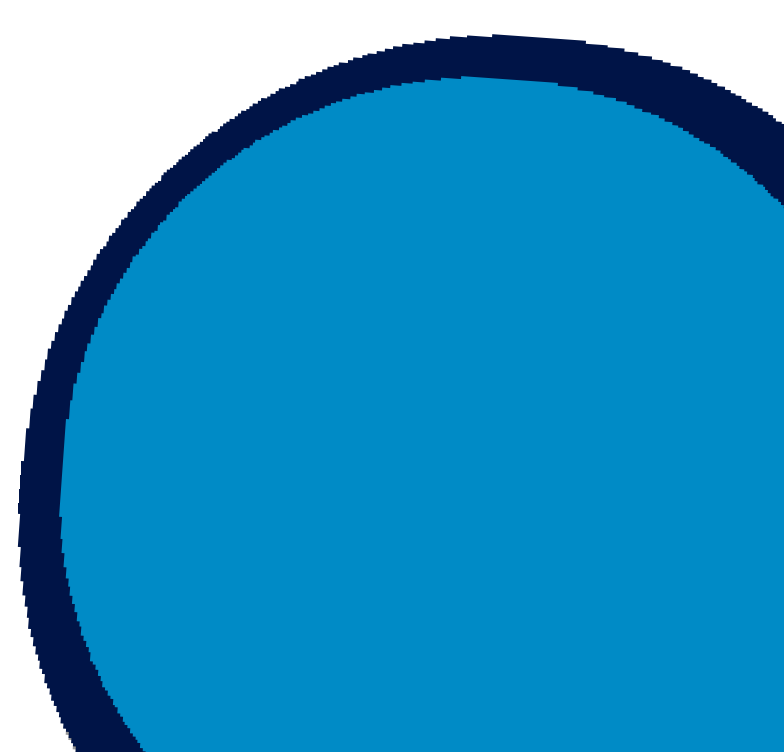
WHAT IS FASTING?

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DAY 2: THANK YOU GOD FOR A NEW DAY! DAY 3: I WANT TO THINK LIKE JESUS DAY 4: IT’S TIME TO GROW!

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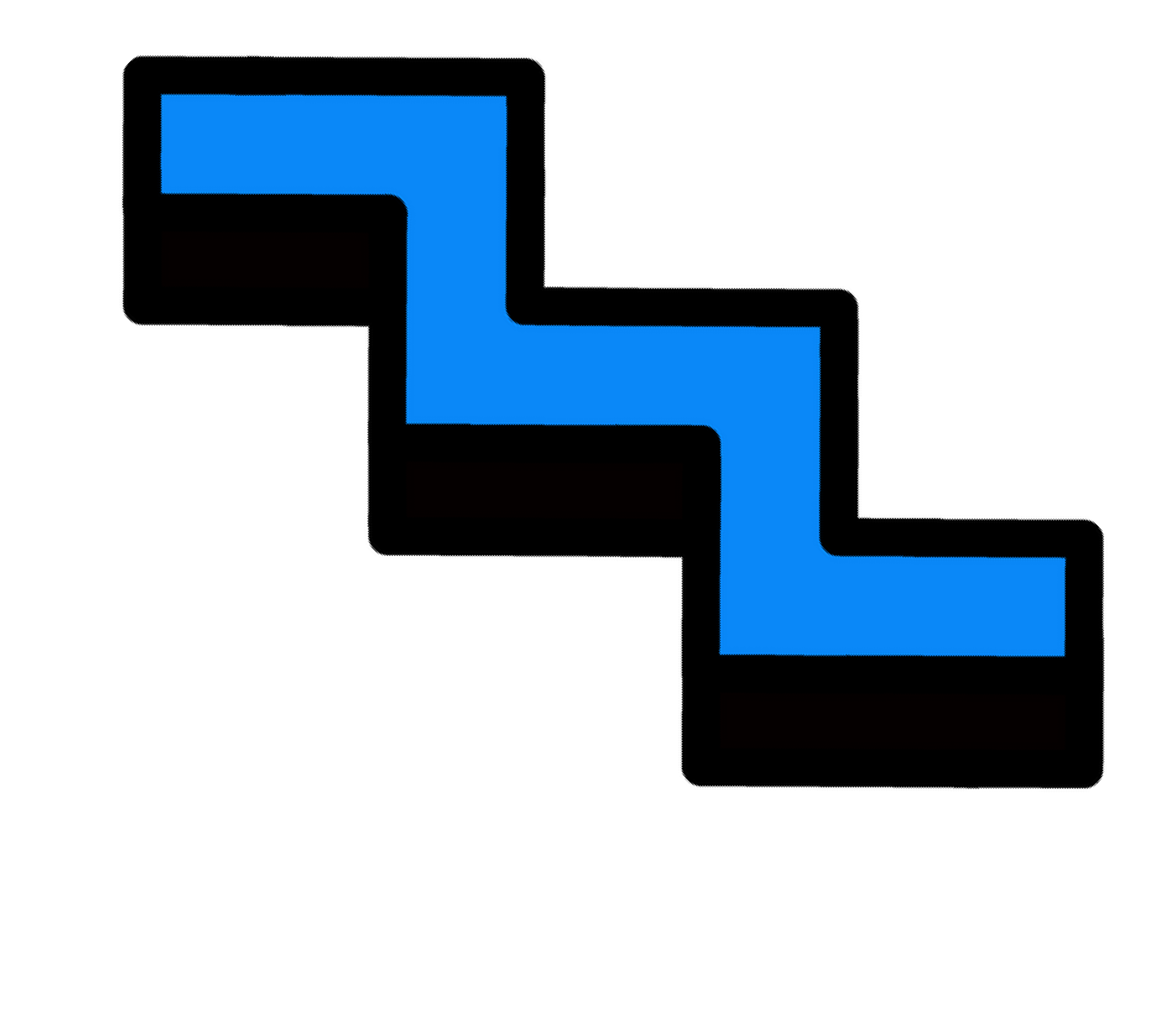
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First thing’s first:

WHAT IS PRAYER?

Prayer is simply talking with God.

Prayer is not only something that we should feel like we have to do, but it should be something that we want to do. The more we learn about prayer, the more natural it becomes. It’s like talking with your best friend all the time. Prayer and talking with Jesus should be the best and most fun part of our day!

Prayer should be part of our everyday life. You can pray:

 Before the start of the day  Before you head to school

 Before you hang out with your friends  Before practice

 Before you compete in a big game  Before you go to bed

 When something bad happens  When something good happens

In every situation, we should PRAY FIRST!



## WHAT IS FASTING?

At Life Abundantly, we believe in living a fasted life.

Fasting is one of the oldest and most frequent spiritual practices in the Bible. Great leaders in the Bible fasted routinely, including Moses, David, Jeremiah, Isaiah, John the Baptist, Jesus and the disciples.

Jesus expects that we will fast regularly (Matthew 6:16).

The goal of fasting…

 is to draw nearer to God.

 allows us to create space in our minds and hearts for more of God’s presence.

 helps us focus on God instead of our comforts and conveniences.  reminds us that God provides every good and perfect gift.

 helps us open our heart to hear from God, no matter our age.

For kids, fasting looks a little different than it does for adults, but the purpose is still the same!

# DAY 1: 1/08

SEEK GOD’S KINGDOM FIRST

Devotional:

Life with Jesus is such an amazing adventure. The Bible tells us in Matthew 6:33 to seek FIRST God’s kingdom and all these things will be added. Imagine a treasure hunt where the prize is more valuable than anything you can imagine! God's kingdom is that treasure, full of love, joy, and everything you need. God’s kingdom is the best prize and God promises that we will find Him if we look for Him with all our heart. We can experience God’s kingdom here on earth in our everyday lives. We simply need to choose to seek God’s kingdom first before anything else. All day long, look for God and his kingdom in the big and small things. God will guide you to more of His kingdom and more of His treasure here on earth.

kingdom in our daily lives. You chance we get every if we seek you with all

Dear Lord, thank you for the

PRAY IT OUT:

our hearts. Help me to look promise we will find you that I can find you.

day to seek and find your

I know I am a kingdom kid. In Jesus Name, Amen.

for you in everything so

DIVE DEEPER:

Matthew 6:33, 2 Chronicles 7:14, Deuteronomy 4:29



TALK IT OUT:

Discuss what it means to seek God's kingdom first as a family.

What do you think “seeking God's kingdom first" means in our everyday lives?

What “treasures" have you found by seeking God's kingdom?





I AM WHO GOD SAYS I AM.

I WAS CREATED TO BE UNIQUE.



I AM A MIRACLE.



I HAVE A WONDERFUL FUTURE AND DESTINY.



I HAVE GOD'S POWER TO TAKE DOMINION IN MY LIFE.

JESUS RESCUED ME FOR A KINGDOM PURPOSE.

# DAY 2: 1/09

#### THANK YOU GOD FOR A NEW DAY!

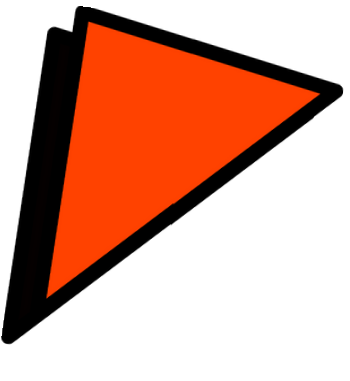
Devotional:

Lord, thank you for a brand new day! As you walk into this day remember the goodness that God has given to you and your family. Today is a day that the Lord has made and we get the opportunity to rejoice and be glad in it. As you go throughout the day, think about how you can use the grace that God has given you to show love to those around you. How can you align your heart and mind to the mind of Christ? Psalm 106:1 says “Praise the Lord! Give thanks to the Lord, for he is good! His faithful love endures forever.” Let this verse be a guiding path throughout the day. As you think about your actions and ways, allow God to speak and move in them. Create an opportunity to allow God to change your ways so that we can align with Him. As a family, choose to lay down your fear or motives and thank God for His goodness in your life. Give thanks to the Lord for He is good! As a family, you can shift your mindset to thankfulness and gratitude, and there is where God will meet you in all you do.

PRAY IT OUT:

Dear God, thank you for giving me a new day with new grace. Help me to use this day to show your love to everyone around me. Give me joy as I walk throughout my day and help my actions reflect you. I love you.

In Jesus name, Amen.



DIVE DEEPER:

Psalms 51:10, Proverbs 21:2, Psalms 119:9

#### MAKE IT STICK:

Spend time as a family choosing one way you are going to show the love of Jesus today. Maybe it is on the playground at school or maybe it is to each other. Write them down, talk about them, and draw a picture that reminds you of this act of love.

# DAY 3: 1/10

#### I WANT TO THINK LIKE JESUS

Devotional:

Today, let's discover the power of transforming our minds. God wants us to think about things that are good, true, and full of joy. When we choose to see things the way that God sees them, we are choosing to transform or “change” our minds. How we think impacts how we speak and act. If we think like Jesus, it becomes more natural for us to speak and act like Jesus with our family, with our friends, and even to ourselves. You’re probably wondering how you can change your mind. Well, you can meditate on what God says about you and read His word. God’s word is filled with His truth about you. Pick a scripture and write it down. As you do, practice repeating it out loud over yourself. Let your mind be renewed as you meditate on God’s word.

PRAY IT OUT:

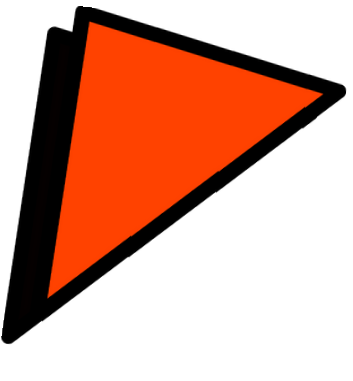
Jesus, help me to change the way I think to mind as I let your word sink into

look more like you. Renew my my heart. Amen.



DIVE DEEPER:

Romans 12:2, 2 Corinthians 10:5, Philippians 4:8, Romans 8:6

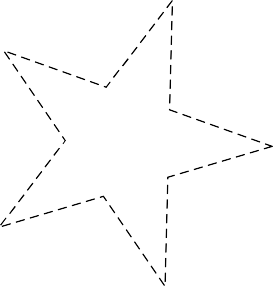


TALK IT OUT:

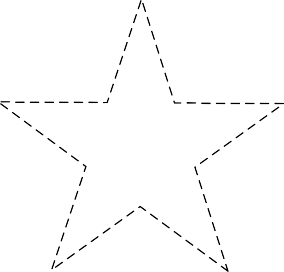
Discuss the importance of transforming your minds as a family.

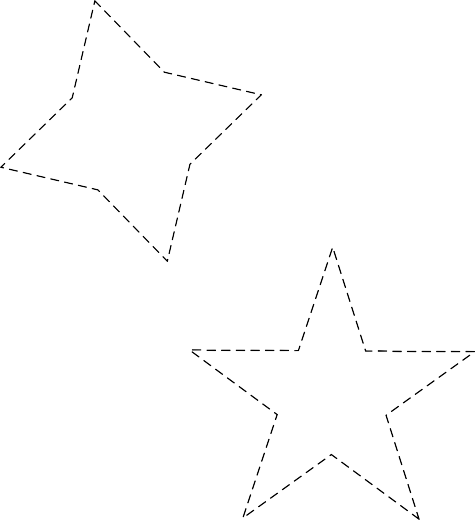
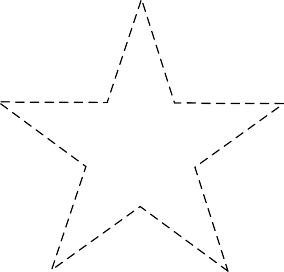
What does it mean to have a transformed mind, and how can it impact our daily lives?

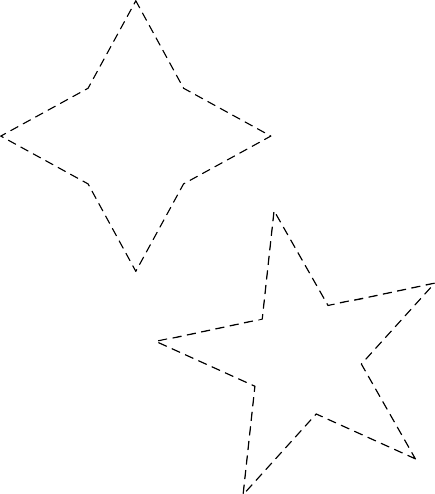
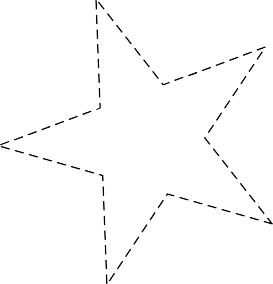
#### MAKE IT STICK:



Fill in the stars with positive things about yourself.

Connect the stars to form a constellation of transformed thoughts.





# DAY 4: 1/11

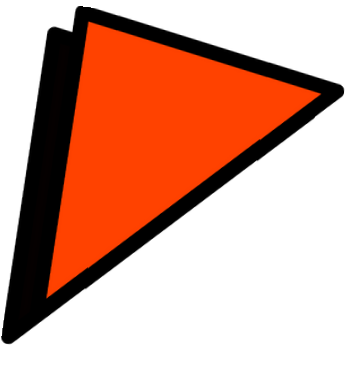
### IT’S TIME TO GROW!

Devotional:

Just like the trees you see around you, we all get the opportunity to grow. Whether you are 5 years old or 55 years old, the opportunity for growth is everywhere! We see growth in the creation that God made, in the people around us, and even in our minds, bodies, and hearts. Growth is not a one-time thing, but a lifelong process. Growth happens when you go to school when you play with your friends, and when you spend time as a family. You can find growth in all that you do. Also, we all get the opportunity to grow our relationship with God. When we choose to put God first in our lives and spend time with Him, we will see growth. In Psalm 1, it talks about trees being planted by the stream. When the trees are planted by the stream we see that there is fruit in every season. In these verses think of us as the tree and the stream as God. When we plant ourselves close to God and spend time with Him, we will continue to grow and produce fruit. This allows us to grow in our faith, love, joy and so many other gifts that the Lord wants to give us. Today, as you are walking throughout your day look for moments in which God may want to grow you.



Psalms



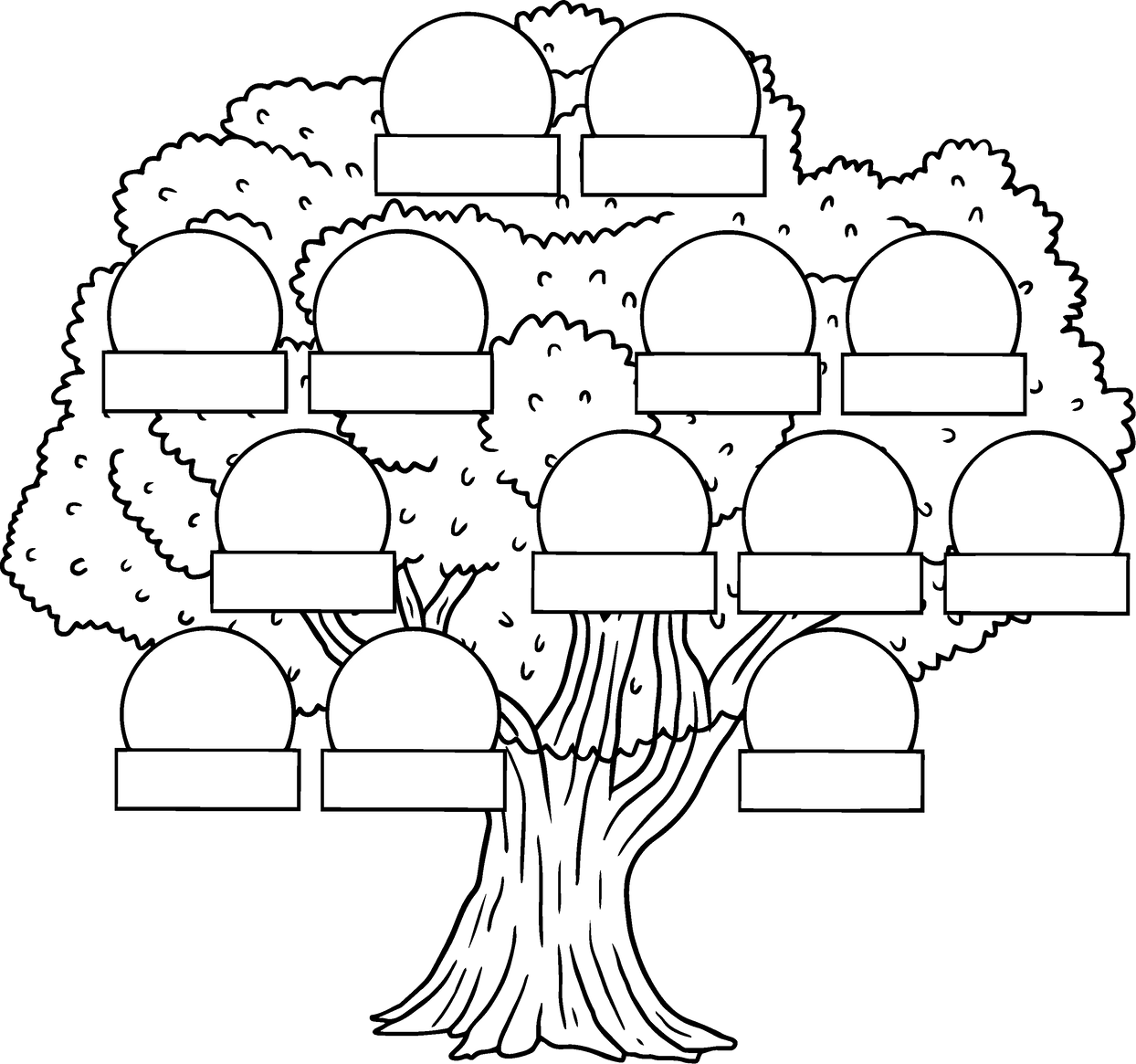
DIVE DEEPER:

107:8-9, Psalm 63:1, Psalm 34:8, Jeremiah 29:13, Ephesians 4:15-16, Psalm 1:1-4

GROW IN GOD



As a family, draw a tree and write each of your names in the boxes around the tree. Around each of the names write down where that person would like to grow. Hang that tree up and as you continue in the upcoming weeks continue to pray for growth and watch God work in ways only He can.



# DAY 5: 1/12

I WANT TO BE WHO GOD WANTS ME TO BE

Devotional:

Today, let's explore the divine vision and direction God has for our lives. Just like an architect has a plan before building a house, God has an amazing plan for each of us. God’s plans for us are perfect and usually beyond our wildest dreams. We can invite the Holy Spirit into our dreams with God to create a vision for our lives. We can get a vision for every part of our lives. Vision is wonderful and vision gives us direction. All that means is that vision is what we see and direction is where we go. God wants us to have both as we grow closer to Him. Focus some time today asking God to give you and your family a vision for your future and direction as you live day by day. God wants to let us in on His divine plans for us.

Lord, thank you for leading and PRAY IT OUT:

and guide our steps. Thank you that you are a good God, that will help us walk

submit to your plans and the purpose you have for us.

to seek you, bring guidance, understanding, and love. Show us the way to go

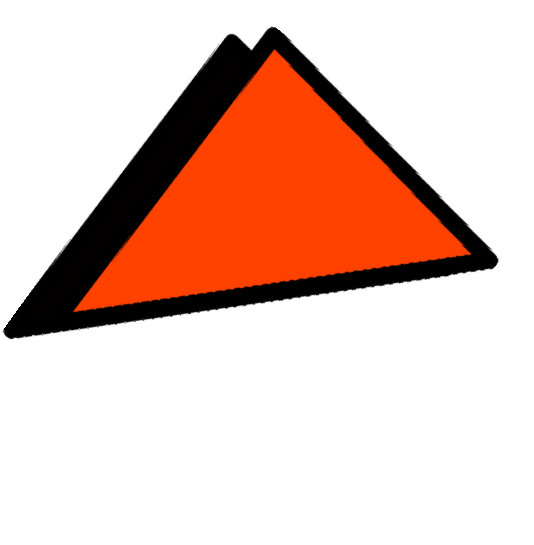
guiding every step of our lives. As we continue

Lord, as a family we

in faith. In Jesus’ name, I pray, Amen.

DIVE DEEPER:

Habakkuk 2:2-3, Proverbs 29:18, Proverbs 3:5-6, John 16:13



TALK IT OUT:

Discuss the importance of divine vision and direction in your family.

How do you think having a divine vision can positively impact our family life?

What are some ways we can seek and understand God's direction for our lives?

MAKE IT STICK:

Create a “Dream Collage!” Cut out pictures or words from magazines that represent your dreams and goals. Paste them in the clouds to create a collage. As you create, think about the dreams God has placed in your heart.



Share your dream collages with your family and talk about the wonderful plans God has for each of you. Remember, God's vision is the best guide for our lives!

# DAY 6: 1/13

#### HOLY SPIRIT, I NEED YOUR POWER!

Devotional:

Today, let's explore the amazing power of the Holy Spirit. Imagine life is a big, exciting journey, and we have this incredible navigator with us. That navigator is the Holy Spirit! Think of the Holy Spirit as the ultimate GPS, helping us find our way in the adventure of life. You know, in Luke 24:49, Jesus promised His friends something awesome like a compass for life. Think of the Holy Spirit as your guide, always there to steer you in the right direction. It's a bit like having a special treasure map! When you're happy or when things get tricky, the Holy Spirit is there, guiding you like a treasure map guiding you the right way to go. Let's tune in to the Holy Spirit's signals, just like listening for clues on a treasure hunt. Our joy, our exciting moments, they're all part of the journey with our fantastic navigator, the Holy Spirit!

counselor. We want you to come into our lives

Holy Spirit, we need your PRAY IT OUT: You are our helper and our

of your fruit. Thank you that you are within us and active through us.

power every day. and guide our family into more

In Jesus name, Amen.

DIVE DEEPER:

Luke 24:49, Romans 8:26, 1 Corinthians 2:13

# DAY 7: 1/14

GIVE ME STRENGTH

Devotional:

In 2 Corinthians 12:9 it says “And He said to me, “My grace is sufficient for you, for My strength is made perfect in weakness.”. This is a good reminder to all of us that we all have weaknesses, and that is okay. We are not called to be perfect in this world, we are called to rely on God for strength in situations that only He could give us strength in. I want you to think about what you may need extra strength in. No matter what you may have said or what came to your head, know that God has enough strength for you. He has enough strength for all of it. All we need to do is ask Him to give us strength as we continue to walk in what He has asked us to do. We don’t have to fear for the future because no matter what, the future holds, we don’t have to hold. Take off the weight of holding on to everything and let God give you strength. Allow God to walk with you in all you do and let your family be a family that trusts in God’s strength more than your own.

Lord, we pray that you will pour your strength onto

Dear God, thank you for giving PRAY IT OUT:

with you. Help us learn from our weaknesses and rely on you more and more

us strength. Strength us as we continue to walk

that only you can give us.

every day. We love you! In Jesus name, Amen.

DIVE DEEPER:

1 Corinthians 1:10, Ephesians 4:3-4, Colossians 3:13-14

# DAY 8: 1/15

### DON’T GIVE UP!

Devotional:

Sometimes in life, it can be easy to give up. Maybe we get frustrated with our brother, sister, or friend. Sometimes we get frustrated with ourselves. Maybe homework is hard, we can't learn how to ride a bike or maybe it is something else. When it comes to giving up, sometimes it may seem easier, but let me tell you DON’T GIVE UP! The Bible says that faith is trust, confidence, and assurance in God. Faith is what we hope for that we cannot see but we know to be true! To have perseverance, we need to operate from a place of victory and confidence as we place our trust in God. From the small details to the major milestones, when we trust in God, our perseverance becomes strengthened. We get to choose to trust God. How cool is that!

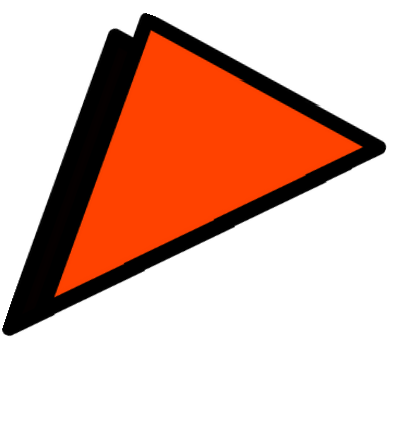
Dear God, Thank you for today. PRAY IT OUT:

give up! Give us perseverance

and love for one another. Allow us. Lord, give us strength as

Lord help us not

us to walk in the grace and love you have given we walk out our day! In Jesus’ name, Amen.



DIVE DEEPER:

Psalm 147:3, James 5:14-16, Isaiah 53:4-5, Matthew 4:23

# DAY 9: 1/16

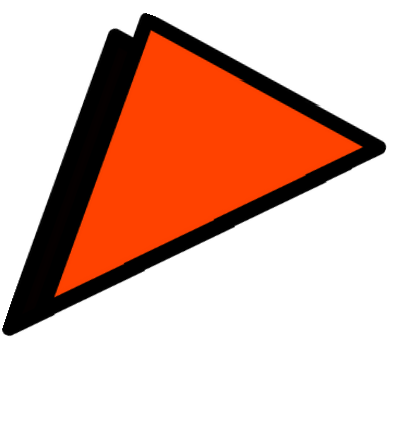
### I WANT TO LOVE LIKE JESUS

Devotional:

God has given us a great gift to each other. We can love! It's not like superhero flying or laser eyes, but it's even more amazing. In simple words, love is like our super glue – it keeps us close and strong. In Mark 12:30-31, Jesus said, "Love God and love others". God gives us instructions on how to love. He shows us that the Bible is the playbook of how to love. Picture it this way: love is our tool for strong relationships. So, let's choose to love one another every day. It's not all about big gestures, just little acts of kindness. Love is one of the main ways that we can look like Jesus to the outside world. How can you show love today?

Dear God, Help me to love like PRAY IT OUT:

you. I know that I can sometimes do it wrong.



DIVE DEEPER:

1 John 4:19, 1 John 4:7-10, Mark 12:30-31, 1 Corinthians 13:4-8

# DAY 10: 1/17

Matthew 5:9,

### I WANT TO LOVE LIKE JESUS

Devotional:

Peace is such an incredible gift from God. When we give our lives to God, we can receive many gifts, one of them being peace. That way when we walk through anything in life we can have the peace of God in everything we do.

Whether you are having a great day or a hard day, peace is your portion. 2 Thessalonians 3:16 says “Now may the Lord of peace himself give you his

peace at all times and in every situation. The Lord be with you all.” This not only shows us the peace that the Lord gives us at all times but is a great reminder that God is peace. One of the many characteristics of God is also a gift to His people. Everyday when we wake up we have the opportunity to accept God’s peace and utilize it in our everyday life.

to use our peace throughout peace today as

asking that you give us more us peace andwe walk through today. Allow us

Dear God, thank you for giving PRAY IT OUT:being our peace. Today we are

love you! In Jesus’ name,

the day and share Amen.

it with those who need it. We

DIVE DEEPER:

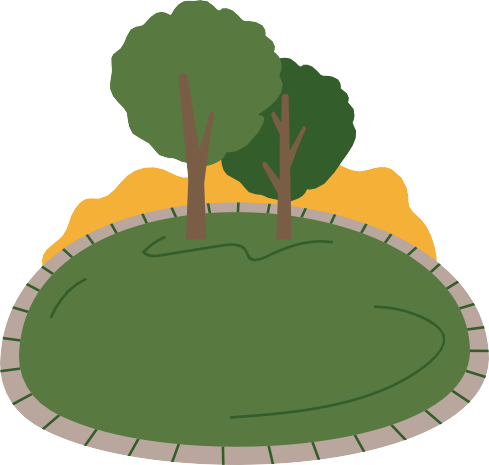
John 16:33, 2 Thessalonians 3:16, Isaiah 26:3, John 14:27

#### MAKE IT STICK:

We see that Jesus had a certain place where He would go to pray. We need to have a place that doesn’t have any distractions, noises, or things that would keep us from focusing on Jesus.

Write down your favorite time and circle or draw your favorite place to pray. Plan to pray in that place regularly as you grow with God.

My Favorite place to pray is:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_



# DAY 11: 1/18

### THE IMPORTANCE OF THE WORD

Devotional:

As your family continues to seek God first, it is important to remember how we can seek God more. One of the ways is through reading the Word of God. The Bible is a great resource for you and your family to learn about God and learn how we should live. 2 Timothy 3:16-17 says “All Scripture is breathed out by God and profitable for teaching, for reproof, for correction, and for training in righteousness, that the man of God may be complete, equipped for every good work. The Bible can be used to help teach, guide, and also for the whole family to know who God is. Spending time in God’s word as a family can bring you closer to God and closer as a family. With the help of God, as you read and dig into the Bible, God will also start to reveal new knowledge to your family and you will find fullness. The Bible is called the daily bread because it is something we all need daily. As we choose to dig into the Word, God will fill us up and bring more of His presence into our lives.

Lord, thank you for giving us

for giving us all we need to you and live according to

steps as we choose to seek

choose to read your Word, the Bible, your living

PRAY IT OUT:

give us a new revelation.your Word. Thank you

and breathing Word. As we

Guide and direct our

you are speaking and where you are leading us. We love you, Lord. Amen.

follow and love you. Help us be in tune with what

DIVE DEEPER:

2 Timothy 3:16-17, Psalm 119:105, Isaiah 40:8

# DAY 12: 1/19

16:20

### MIRACLES, SIGNS AND WONDERS

Devotional:

Ever notice those unexpected moments that feel like a surprise gift? It's like life composing a beautiful symphony of miracles, signs, and wonders. In Acts 4:29-31, the disciples asked God for courage, and He responded with incredible signs—a way of saying, "I'm here, cheering you on!"

Our family's stories are filled with everyday miracles—the shared laughter, unexpected kindness, and moments that light up our days. These aren't tricks; they're glimpses of God's love in action.

So, let's tune in to the symphony of surprises around us. Miracles don't have to be flashy; they're the simple notes that make your family song extraordinary. Each smile, each helping hand—they're God's way of showing His love. The more we listen, the more we'll hear His beautiful melody every day.

We can expect to see God’s miracles, signs, and wonders when we put our faith in him.

PRAY IT OUT:

Lord, we want to believe in your miracles, signs, and wonders. Help us to put our faith in you as a family for your miracle-working power alive and active in our lives. In Jesus Name, Amen.

DIVE DEEPER:

Acts 4:29-31 John 14:12-13 Luke 8:43-48 Mark

# DAY 13: 1/20

### JOY OF THE LORD

Devotional:

Today, let's celebrate the incredible joy that comes from trusting in the Lord. God's joy is not like the happiness we find in things; it's a deep, lasting joy that comes from knowing and trusting Him. Joy is our strength when we may be weak. We can choose to be joyful no matter what the circumstances. As a family, you can cultivate intentional spaces of joy in your home and relationships. Invite God into your daily life to help you to see the many reasons why you can have joy. God has been so good to each of us and joy is an everlasting truth that we can hold on to because of who God is to us.

PRAY IT OUT:

God, help me to choose joy. May our family be known for our joy as we anchor ourselves in that fruit of the spirit. We want your Joy always.

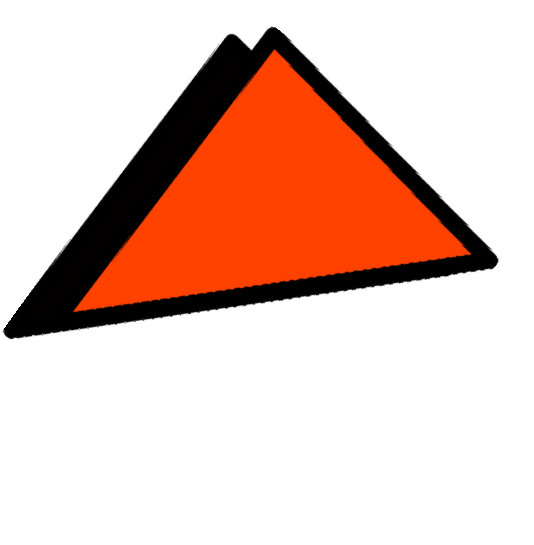
In Jesus Name, amen.

DIVE DEEPER:

Romans 15:13, Philippians 4:4, James 1:2-3, John 16:24,

Proverbs 17:22, Isaiah 9:3, 1 Peter 1:8-9, Nehemiah 8:10,

Psalm 16:11, Psalm 30:5



TALK IT OUT:

Gather your family and discuss the importance of joy in your family. Here are some questions to guide your discussion:

How does the joy of the Lord strengthen us, especially in challenging times?

What are some ways we can cultivate joy in our family?

Share a moment when you experienced God's joy, and how it impacted you.

Encourage each other to choose joy daily, finding happiness in God's love and presence.

MAKE IT STICK:

Create a "Joyful Artwork"! Use vibrant colors to paint or draw a picture that represents the joy you feel in your heart because of God's love. As you create, think about the things that bring true joy. Share your Joyful Artwork with your family and discuss moments when you've experienced the joy of the Lord.

Remember, God's joy is our strength!

# DAY 14: 1/21

### GROW IN WISDOM

Devotional:

Wisdom is an important part of our walk with God. Throughout God’s Word, we see many references to the importance of wisdom in our everyday life. Proverbs is one of the many books that talk about the importance of wisdom. Proverbs 2:6-7 says “For the Lord grants wisdom! From his mouth comes knowledge and understanding. He grants a treasure of common sense to the honest. He is a shield to those who walk with integrity.” These verses show us that wisdom is important, but it is also something that God will give to us over and over. We can walk and learn in wisdom as we continue to walk with God in all we do. As a family, wisdom can help you grow together and allow you to learn that no matter what you may be walking through, the Lord has wisdom that He wants to give you and your family.

Dear God, thank you for Your

as a family. Allow us to

PRAY IT OUT:

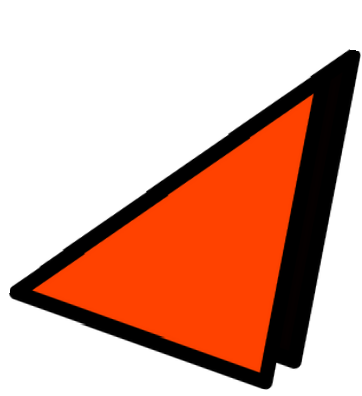
wisdom. Allow us

to continue to grow in wisdom

as we walk through our

lives. Lead us in the

continually ask you for wisdom

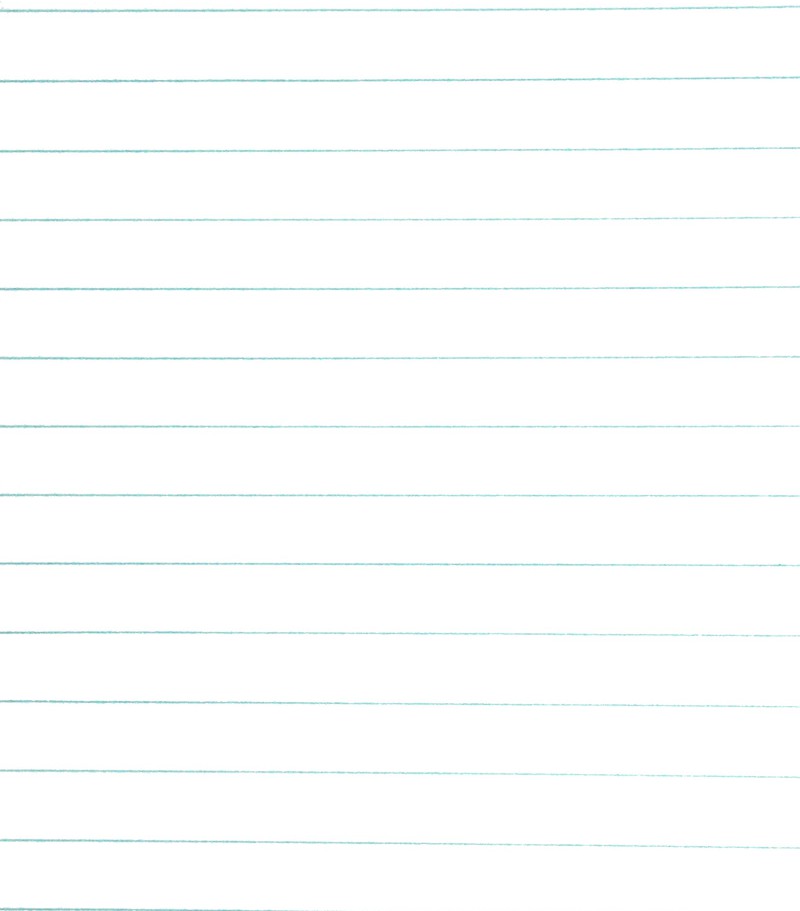
direction of your wisdom as you lead our lives. We love you! In Jesus’ name, Amen.

DIVE DEEPER:

Proverbs 2:6-7, Proverbs 16:16, Proverbs 19:8

MAKE IT STICK:

As a family, choose a Proverb to read. Take time to go through it, write it down and talk about wisdom. You can choose to continue this or find other practical ways to ask God to grow your family in wisdom and trust in Him.



# DAY 15: 1/22

GOD, I WANT TO TRUST IN YOUR PLAN

Devotional:

Life can sometimes feel like a wild ride, with twists and turns we didn't see coming. Yet, in the midst of it all, there's a rock-solid anchor: trusting in God's plan. Proverbs 3:5-6 encourages us to trust God with all our hearts and lean not on our understanding.

Think of life as a grand adventure, and God is the master planner. His plan may not always match ours, but it's like a masterpiece being revealed—one brushstroke at a time. When we trust in Him, it's like handing over the navigation to the ultimate GPS.

So, let's embrace the unknowns, knowing that God's plan is greater than we can imagine. When things get tough, remember Romans 8:28 tells us that “God works all things together for our good.” Trusting in His plan turns every chapter of your family's story into a beautiful journey filled with purpose and hope.

PRAY IT OUT:

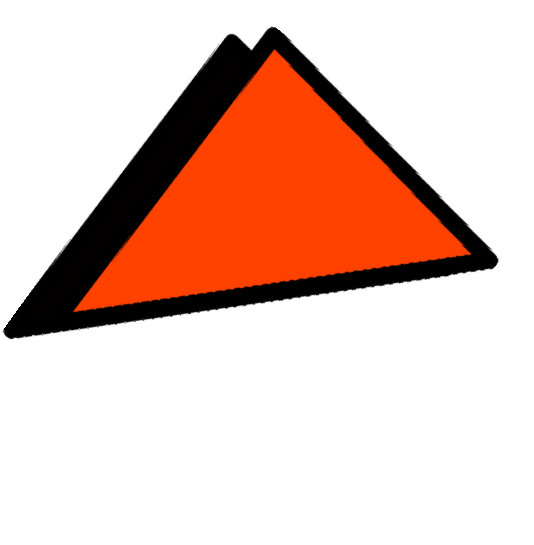
Lord, Help us to surrender to your plan. God, we want to trust you more every day. Guide us, as a family as we seek to trust in your perfect plan.

DIVE DEEPER:

Hebrews 11:1, Romans 10:17, Luke 2:52,

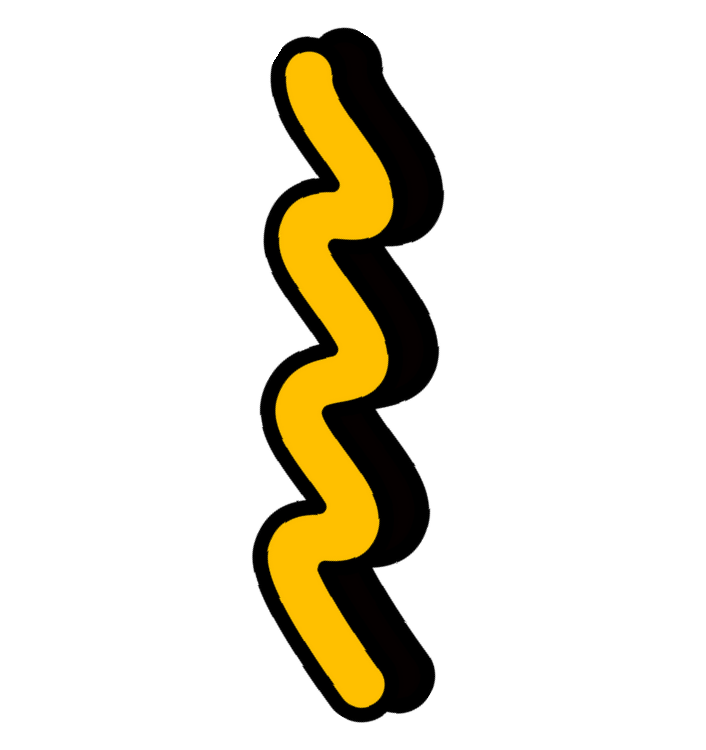
Psalms 56:3-4, Psalms 37:5

TALK IT OUT:



Discuss the importance of trusting in God's plan. Here are some questions to guide your discussion:

How do you feel when you trust God with your plans and future?



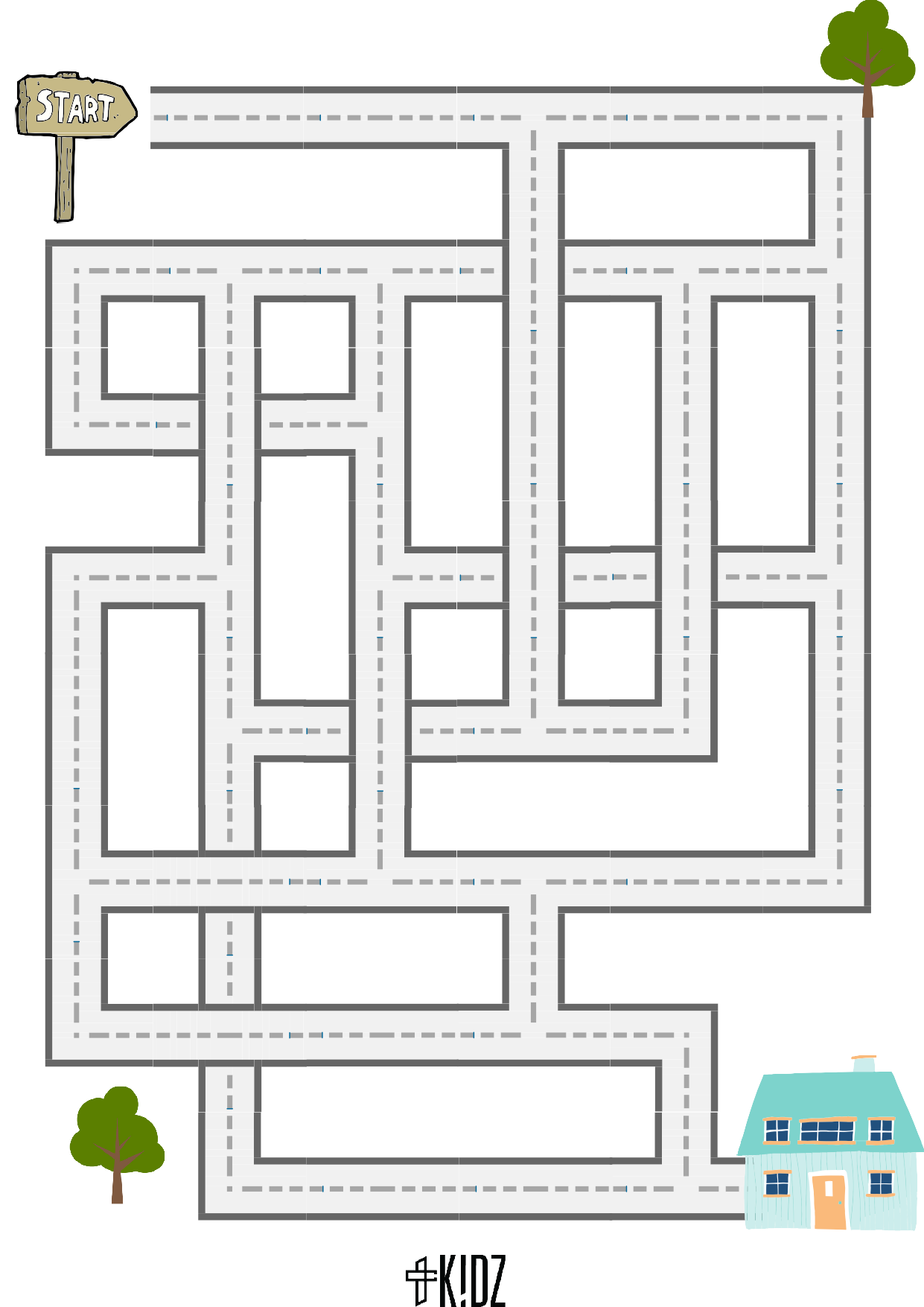
What are some challenges to trusting in God's plan, and how can we overcome them as a family?

Share a moment when you saw God's plan unfold in a way you didn't expect.



TRUST God’s Plan

Draw a line along the path with twists and turns, symbolizing life's journey.

Decorate the path with symbols of trust and faith. Write down things you trust God with along the pathway.

God’s Plan

# DAY 16: 1/23

GOD TAKES CARE OF ME

Devotional:

“God takes care of me!” Do you believe that? How have you seen that?! The truth is that the Lord will take care of all of your needs, small and large. We see this throughout scripture, like when God gives the Israelites manna in the wilderness for 40 years, God gives us Jesus as the Savior of the world and so many other instances in the Bible. What’s crazy is that even though there are so many examples of God’s provision in the Bible, He still takes care of us TODAY! How incredible is that? In Philippians 4:19 Paul says, “And this same God who takes care of me will supply all your needs from his glorious riches, which have been given to us in Christ Jesus.” This tells us that through Jesus we can be taken care of by God. Don’t be afraid to ask God to help you. Even when we don’t know if we should ask, always remember that God wants to know and supply all our needs.

PRAY IT OUT:

Dear God, thank you for taking care of our family. Thank you that you see our needs and still providing what we need. Today, we ask Lord, that you would provide this family \_\_\_\_\_\_\_\_\_\_\_\_\_\_. Thank you in advance for all you are going to do. We love you! In Jesus’ name, Amen.

DIVE DEEPER:

Philippians 4:19 Matthew 6:25-26, 2 Corinthians 9:6-8

# DAY 17: 1/24

GIVE ME SELF CONTROL

Devotional:

Self-control is one of the many fruits of the spirit. In 2 Timothy 1:7, it says “For the Spirit God gave us does not make us timid, but gives us power, love, and self-discipline.” This verse lets us know that God gives us self-control or the ability to have control over one's self. Self-discipline looks different for everyone. Maybe for you, it is thinking about what you do before you do it or choosing to eat some of your fruit and vegetables before you have a sweet. Self-discipline is a process you work on your whole life. It is something that everyone has to work on. In the verse, it also talks about love and power.

When we talk about these talk three things together, it shows us that without God we can not do these things. We get the opportunity to invite God into our process and help us demonstrate self-control, love, and power.

PRAY IT OUT:

Dear God, thank you for giving me self-control. Help us as a family practice self-control in all we do so that we can glorify you. Thank you for giving us Jesus as an example as we continue to walk this journey.

We love you. In Jesus’ name, Amen.

DIVE DEEPER:

2 Timothy 1:7, Proverbs 16:32, Proverbs 18:21, Proverbs

25:28, Romans 12:1-2, James 1:19-21, 2 Peter 1:3-11

# DAY 18: 1/25

SPIRITUAL DISCERNMENT

Devotional:

God gives us the ability to understand what is right and wrong, helping us make wise choices in our lives. Ever feel like life is a mystery, and we need to figure out what's right and wrong? That's where spiritual discernment comes in—a bit like being detectives of the heart! Hebrews 5:14, says we can grow in discernment, kind of like superheroes leveling up. Spiritual discernment helps us recognize what's good and true in the big adventure of life. When you face choices, ask God for discernment. It's not about being perfect but learning to listen to that little nudge inside your heart, helping you make the best decisions. Let’s grow together in spiritual discernment. As we learn to listen to God's whispers, your family becomes a team of wise investigators, navigating life's mysteries with courage and love.

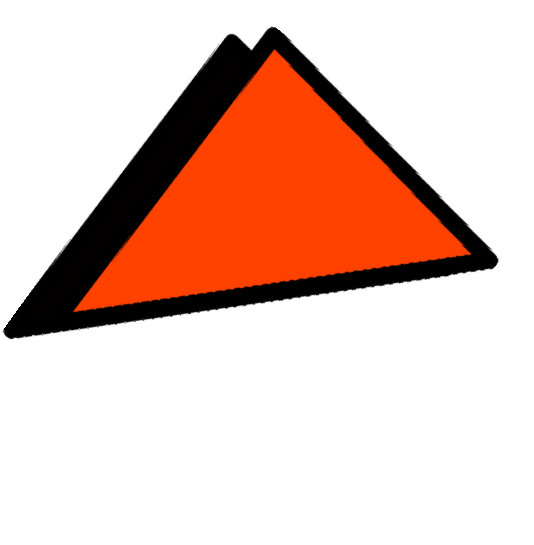
PRAY IT OUT:

Lord, Thank you for the ability to make wise choices. Help me to learn to listen to you and obey. You are in control and We will choose to listen to you daily. In Jesus name, amen.

DIVE DEEPER:

Hebrews 5:14, 1 Corinthians 2:14, James 1:5,

Galatians 5:22-23



TALK IT OUT:

Here are some questions to guide your discussion

with your family:

What does it mean to have spiritual

discernment, and why is it important?

How can we actively seek God's guidance for

making wise choices?

# DAY 19: 1/26

COMMITMENT TO THE CALL

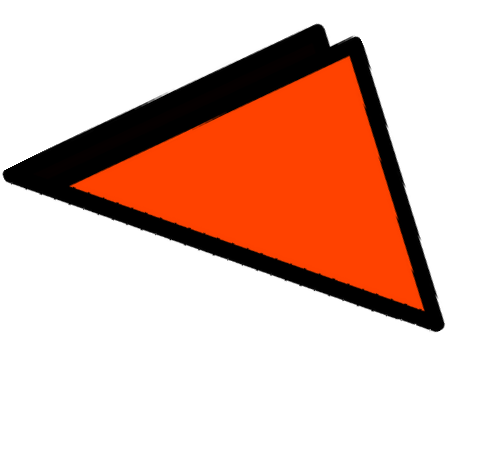
Devotional:

God has a great and grand purpose for all of our lives. We all have a calling. Some callings are to teach, preach, play a sport, be in government, or even do something that has never been done before. God wants you to experience the fullness of His calling in your life. You can choose to answer the call whenever God shows you your calling. As a family, you have the calling to shine the light of Jesus to others in the way that you live. Today, reflect on the calling to be an example of having a relationship with Jesus and transformation in Christ. It is not about doing your calling perfectly but about answering God’s call. He never stops speaking purposefully to us.

PRAY IT OUT:

God, thank you that you have given us an individual and collective calling. Our purpose on earth is to shine for you. Help us to choose that daily.

In Jesus name, Amen.



DIVE DEEPER:

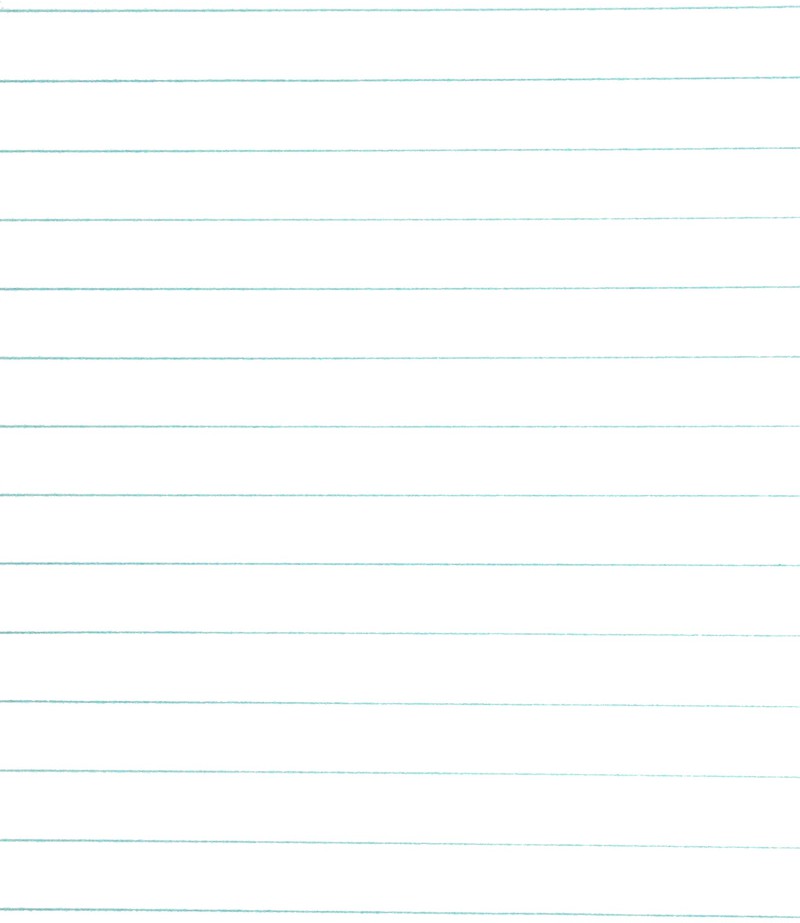
1 Peter 1:5-10, 2 Timothy 1:9, Romans 11:29, 2

Thessalonians 1:11

## FAMILY PURPOSE STATEMENT

Create a “family purpose” statement.

Let God inspire you to walk together in your calling.



# DAY 20: 1/27

PRAY ALWAYS

Devotional:

Pray it out is a key piece of any relationship with God. Spending time in prayer as a family allows us to put the focus on God and place Him first in our lives. At Life Abundanty, prayer is our sauce. That means that it is our first response and not our last resort. We don’t want prayer to be something that we do only when we need something, but something that we do all the time. As a family learning to make prayer your first response in all seasons will not only produce love and hope but help raise your kids as a prayer warrior. Pray with your kids, over your kids and never hesitate to pray throughout your day.

Add prayer to your daily routine. Pray before you eat, before you sleep, while you are playing, or even in the car. With prayer the possibilities are endless. Teaching your kids that prayer is simply talking with God can create a practice for the whole family.

PRAY IT OUT:

Dear God, thank you for giving us prayer. Let us not forget how important it is to talk to you every day. Lord, we lay down our lives to you and we are asking you to come and be with us. Help prayer be our first response and not our last resort. We love you, God. Amen!

DIVE DEEPER:

Ephesians 6:10-12, 2 Corinthians 10:3-5, Isaiah 54:17

# DAY 21: 1/28

SHARING MY FAITH

Devotional:

Sharing your faith is an important part of building the kingdom of God. Before Jesus ascended into Heaven, He told the disciples (and us!) that we should go out and make disciples of all nations. This lets us know that our call to God is to go out and help share the good news of Jesus. The news that He came, died, and rose again for you and me! How cool is that! And when Jesus has saved our lives, we want others to know about it. We get the opportunity to tell our friends, family, and others around us and let God change their lives too. Now sharing our faith can sometimes be scary, but know that the Lord doesn’t give us a spirit of fear. Instead, when we give our lives to Christ we will be filled with joy. That joy will radiate through all that we do. Use that joy in everything you do and in every conversation you have with people. When you use your joy to share the gospel with other people, you will see Jesus change their lives. Be bold, share your faith, and don’t be afraid to speak up for who you believe in!

PRAY IT OUT:

Dear God, thank you for giving us Jesus, because of Jesus we get the opportunity to share our faith with others. Help us be bold as we share our faith with others. Give us joy and love for those around us. We love you, God. In Jesus’ name, amen.

DIVE DEEPER:

John 6:44, James 4:8, Ezekiel 37:1-14, Matthew 4:17

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